

Inside



■ It's hard to always look oh so fabulous in 'Confessions of a Shopaholic' at the movies this week **B4**

Education

Commissioning briefing — This is scheduled for Friday, April 10 at 1 p.m. in Hangar 2, Room 126. This is the starting point for active duty enlisted AF members interested in becoming a commissioned Air Force officer. Contact the Force Development Flight via e-mail 15mss.dpe@hickam.af.mil or call 449-6363 to sign-up for the briefing. Plan approximately 1.5 hours for the briefing.

Troops to Teachers presentation — A local representative will be available in Hangar 2, Room 102 on Tuesday, April 14 starting at 11:30 a.m. No appointment is required. Plan approximately 1.5 hours for the presentation. Contact the Force Development Flight at 449-6363.

CCAF graduation — Hickam's annual ceremony is scheduled for Friday, May 15 at 10 a.m. at the Officers Club Lanai. Graduates who want to participate must RSVP by April 24. CCAF graduates can apply for the Pitsenbarger Award (a \$400 grant) by submitting an application by April 17 at Hangar 2, Rm. 103. Contact Timothy Smith at timothy.smith2@hickam.af.mil.

AWC testing change — The Force Development Flight will only be offering one test session a week for Air War College short answer essay and version 17 exams due to staffing shortages. Testing will be Thursdays at 1 p.m. by appointment only. Space is limited. E-mail 15mss.dpe@hickam.af.mil to schedule an exam date. Multiple choice AWC exams can be scheduled during regular test sessions on Tuesdays/Wednesdays by appointment.

AF Tuition Assistance (TA) — You can request TA within 45 days of your course start date via the Air Force Virtual Education Center in the AF Portal. A degree plan must be on file (an official degree plan after 12 credits completed) before TA will be approved. Contact the Force Development Flight at 15mss.dpe@hickam.af.mil or stop by Hangar 2, Rm 103 for more information.

Enlist for college — Chaminade University, Embry-Riddle Aeronautical University, Honolulu Community College, Hawaii Pacific University, and Wayland Baptist University on Hickam are currently registering for courses beginning April 6. Visit a college representative for more information in Hangar 2. Contact Force Development Flight at 449-6363.



Courtesy photo

Commanders Cup flies to 735th

The 735th Air Mobility Squadron has captured the 2008 Commanders Cup Trophy. Pictured at the recent presentation ceremony are 15 AW CMSgt. Thomas Westernmeyer and Vice Commander Col. Dean Wolford with Lt. Col. Shirlene Ostrov (735 AMS/CC), Col. Richard McClain (515 AMOW/CC) and CCM Justin Ouchie (515 AMOW/CCC). The trophy is presented to the squadron that wins the most points cumulatively over the course of an entire calendar year. The points are secured through maximum participation and top scores in intramural sports programs and Wing Sports Day events hosted by the 15 AW/SVS.

WARRIOR of the week

By Chris Aguinaldo
Hickam Kukini editor

For such a small item, a Common Access Card (CAC) does a lot — from serving as an ID card, a tool to authenticate computer and network system access and more. Helping get that card to Team Hickam personnel is our Warrior of the Week, Senior Airman Jerrienne L. Thomas.

The 15 MSS Customer Service Representative from Virginia Beach, Va. has been in the service for two years, with the last year here at Hickam.

"My favorite thing about being here in Hawaii is the weather and endless beaches," she said.

She joined the Air Force to "travel and meet new people," she said. And being at the Military Personnel Flight, she certainly meets her fair share of people, many applying for that Federal credential, the CAC card.

Senior Airman Thomas is "our go to person for all DEERS/ID



Photo by Chris Aguinaldo

Senior Airman Jerrienne L. Thomas encodes a newly printed Common Access Card (CAC) at the Military Personnel Flight. Our Warrior of the Week is described as 'an outstanding performer and has unlimited potential in the Air Force,' according to her commander.

Card questions," shared Capt. Eric Bixel, the MPF Commander.

"Her professionalism and outstanding work ethic has earned her many kudos during her time here

at Hickam," he said. "She was also a team member for ATSO rodeo, helping earn the Wing its Excellent rating during the ORI." "She continues to improve

Customer Service programs in order to better serve all Team Hickam members," continued Capt. Bixel.

If there's one thing that Senior Airman Thomas would like to improve about the Air Force in general is the service dress uniform. "I feel there is room for improvement to make us look sharper."

"When someone talks about the Marine Corps, you always hear about how great their uniform is, and with the Air Force the quality of life is better," she opined. "I feel we should come out on top across the board and the way we present ourselves is part of that."

Senior Airman Thomas says she would like to work her way up the enlisted ranks and maybe pursue a commission.

Her commander foresees a good future ahead. "Senior Airman Thomas is an outstanding performer and has unlimited potential in the Air Force," said Capt. Bixel.

Pageant winner hopes to wear the blues

By Hickam Kukini staff

Ashley Watterson was the winner of Saturday's Women's History Month Hickam AFB Teen Scholarship Pageant, held at the Officers Club. Watterson, a senior at Kapolei High School, said she would like to become a linguist and join the Air Force.

"The Air Force is a family tradition," she shared. Her father, Peter, retired from the service and both of her grandfathers were in the Air Force. Older sister Zeanna is also in the service.

Ashley said women like her sister and mother Joyce, who works for the 15th Medical Group as a secretary, have made an indelible impression on her.

"They're strong people and very independent. They're my role models."



Photos by Chris Aguinaldo

Above, Ashley Watterson with mom Joyce. Right, the recent pageant winner shares her radiant smile.

In fact, it was mom who encouraged Ashley to enter the pageant. "I'm very proud of her. Nowadays, women — especially women of color — need to be empowered more and this will encourage her to go far."

Growing up in the service, the Okinawa-born Ashley has seen the world, one of the reasons she wants

to become a linguist. "I think traveling so much has made me appreciate different cultures."

She said she'd like to be part of the effort to help the U.S. interact with other countries, as life becomes more global.

"We need to prepare for the future because there's going to be more interaction with other countries."



Inside SERVICES

NCAA Basketball Playoffs shown at Enlisted Club

Catch the televised action of the Final Four NCAA Basketball teams play tomorrow at J.R. Rockers. Doors open at 11 a.m. and games start at noon. The action continues on Monday, April 6 with the NCAA Championship Playoffs. Doors open at 11 a.m. and game starts at 3:21 p.m. Win door prizes. 32 oz Coke drinks are only \$1.95. Call 448-2271, Ext. 227.

Wet Hens set sail

The Hickam Harbor Wet Hens Sailing Club is now accepting registration for its Spring U.S. Sailing Basic Skills Course that begins Thursday, April 9. This 10-week course meets Thursdays from 9 a.m. to 12 p.m. The cost is \$80 per person. Contact Jan Workman at 664-3512 to sign up.

Easter egg contest

Bring your children ages 3-10, to the Makai Recreation Center for an Easter Egg Coloring Contest. Enter your coloring page for a chance to win an Easter Egg Basket, now through April 10. Call the Makai Rec Center at 449-3354, for more information.

Learn to catch a wave

Learn how to surf with our professional instructors at Outdoor Recreation, Sunday, April 12 from 9:30 a.m. to 12:30 p.m. You will learn the basics from standing, paddling, catching waves and

angling down the wave. Surfing is a fun and exciting sport and you couldn't ask for a better location. Participants must be able to swim without a lifejacket. The cost is \$35 per person. Sign up by Wednesday, April 8. Call Outdoor Recreation at 449-5215.

Start Sailing Right

Learn the ins and outs about sailing from one of Outdoor Recreation's U.S. Sailing certified instructors on April 14, 18, 21 and 25. This class will give you the opportunity to get Hickam Harbor Sailing qualifications on three sailboats: the Laser 12, Catalina 14 and Rhodes 19. The class consists of four hours of classroom theory, 11 hours of on-the-water group instruction and semi-private sailing instruction. The cost is \$167 and it includes textbook, class materials, boat rental and instruction. The class meets Tuesdays from 6-8 p.m. and Saturdays from 9 a.m. to 12 p.m. Sign up by Wednesday, April 8. Call 449-5215 to sign up.

Youth programs to hold Easter egg hunt

Bring your children to the Annual Easter Egg Hunt Saturday, April 11, at 10 a.m. at the soccer field behind the Youth Center, Bldg. 1335. There are five categories for children up to 12 years: walking-2 years old (10:10 a.m.), 3-4 years (10:30 a.m.), 5-6 years (10:50 a.m.), 7-9 years (11:10 a.m.) and 10-12 years (11:30 a.m.). There will be

photos with the Easter Bunny for \$2, prizes for finding the "special egg", Bunny face painting for \$1, jumping castle and a snack bar. For more information, call Youth Programs at 448-8026.

Men's invitational golf tourney at Mamala Bay

Mamala Bay Golf Course presents the 54-Hole Hickam Men's Invitation Golf Tournament on May 8, 9 and 10. Format for the event is Stroke Play. Merchandise certificates will be awarded throughout each flight. Flights are Championship, Alpha, Bravo, Senior and Super Senior. Tournament is open to all military and civilian players. The entry fee is \$160. The deadline to sign up is April 13 or until the field is full. Call the Pro Shop at 449-2304/2305.

Basic Strength Training

Hickam Physical Fitness Center is now offering a Basic Strength Training Program. The program meets every Thursday and Saturday from 2-3 p.m. Learn safe and effective strength training exercises. Call the customer service desk at 448-2214 for more information.

Auto Hobby Shop Special

During the month of April, receive a discount on Oil Change with Tire Rotation for \$39.75 at the Auto Hobby shop. The regular price is \$59. Call 449-2554 for information.

Enjoy discounts all month long at the Arts & Crafts Sales Store

The Hickam Arts & Crafts Store has discounts for the

entire month of April. Receive 15 percent Off Sewing Notions, Fabrics and Kits, 20 percent Off Red Tag Items and 30 percent Off Blue Line Items. For more information, call 448-9907, Ext. 103.

Head on Big Island volcano tour with ITT

Stay at Kilauea Military Camp (KMC) with optional Golf at The Volcano Golf & Country Club, April 25-26. KMC guests receive a discount on golf rates at The Golf & Country Club located near KMC. View the active Kilauea volcano crater located just steps away from KMC. The cost is \$450 for adults and \$375 for children ages 2-11 years. Cost includes all ground transfers, roundtrip air fare, three meals and a narrated bus tour. For reservations, call Information, Tickets & Tours at 448-295.

Hickam Friends of the Library seek volunteers

The Hickam Friends of the Library (HFOTL) is seeking volunteers to support the programs and events offered at the Hickam Library. This is a great opportunity to help in the community. The HFOTL also accepts donated media such as books, magazines, VHS tapes, DVDs and CDs. For information, e-mail ian.larsen@hickam.af.mil.

UH coaches give free Youth Soccer Clinic

Youths ages 8-13 can participate in a free Youth Soccer Clinic conducted by UH coaches on April 18 at the youth soccer field. Registration is April 13-17 at the Makai Recreation Center. Call 449-3354 for details.

Tickets are going fast for the
Easter Brunch
Sunday, April 12

Both the Hickam Officers' Club
and Enlisted Club have special
Easter Brunches
Enjoy a mouth-watering feast
with all the trimmings!



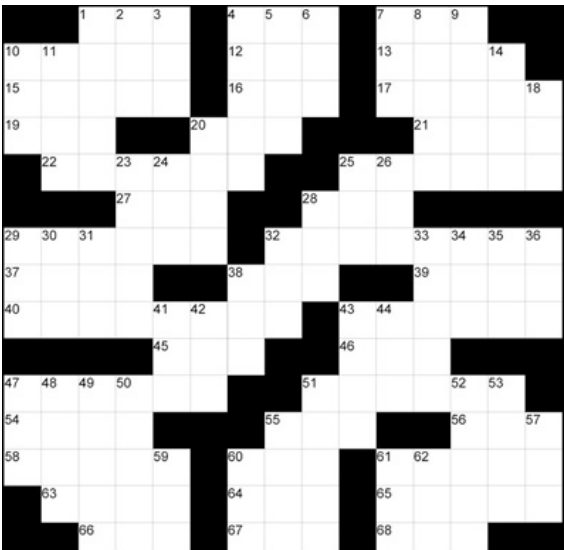
Officers' Club seating times in the
Dining Room are at 10:30 a.m. and
1:30 p.m. Seating times on the Lanai
are at 10 a.m. and 1 p.m. Call
448-4608 for reservations.



Seating times at the Enlisted Club are
at 10 a.m. and 12:30 p.m.
Call 448-2271 for reservations.



Crossword Puzzle: Airmen of Note, part 2



By Capt Tony Wickman
71st Flying Training Wing
Public Affairs

ACROSS

- 1. Danger to AF planes
- 4. ___ Afraid of Virginia Woolf
- 7. Desperate Housewives'Longoria
- 10. MO rap star
- 12. Snakelike fish
- 13. Auto manufacturer with slogan, "born from jets"
- 15. Vent
- 16. Boy
- 17. Symbol of willful corporate fraud and corruption
- 19. Expire
- 20. Perform
- 21. Ice cream holder
- 22. General Wilbur ___; TAC commander and father of TQM
- 25. Retaliate
- 27. Golf prop
- 28. Way to shrink the military, in brief
- 29. Engraves
- 32. Francis ____; 3rd leading USAF ace and WWII POW
- 37. Cain TV movie The Perfect Husband: The ___ Peterson

DOWN

- 38. Draft
 - 39. Precipitation
 - 40. Brig Gen William ___; proponent for separate AF
 - 43. Token of infamy
 - 45. Epoch
 - 46. NCOIC's boss
 - 47. Robinson ___; Korean War ace, won first AF Cross, Vietnam POW
 - 51. General Carl ___; first CSAF
 - 54. Great Lake
 - 55. O-1s
 - 56. CENTCOM danger
 - 58. Ursa ___
 - 60. V for Vendetta actor Stephen
 - 61. Power type
 - 63. iPod type
 - 64. Cleo killer
 - 65. George ___; first American military aviator to lose life
 - 66. Time Zone at GMT-0330
 - 67. Sixth sense?
 - 68. No __, ands or buts
- DOWN**
- 1. Commercial publicity piece
 - 2. Home to NHL broadcasts
 - 3. Color
 - 4. George ___; AF ace, credited

- with 4 kills on Dec 7, 1941
- 5. 1995 Pacino film
- 6. Ancient
- 7. Compass dir.
- 8. Medal of Honor recipient Lt. Col Leon ___
- 9. Hall of Fame's Hammerin' Hank
- 10. Head movement
- 11. Saga
- 14. Richard ___; top American WWII ace, MOH recipient
- 18. Formerly
- 20. Pilots with 5+ kills
- 23. Code
- 24. Shoe size
- 25. Aircraft mishap result?
- 26. Flying method, in brief
- 28. Music genre
- 29. Hardwood tree
- 30. ___ chi; Chinese martial arts
- 31. AF org. know for "shoot, move, communicate"
- 32. Lady friend
- 33. Susan on All My Children
- 34. Droop
- 35. Sex and the City actress Catrall
- 36. 1995 movie Devil ___ – Blue Dress
- 38. Mil. pay entitlement
- 41. 1969-97 show ___ Haw
- 42. Mistake
- 43. Drenches in a liquid
- 44. Dancing with the Stars' Carrerre
- 47. Type of sleep
- 48. Middle East country
- 49. Lance ___; MOH recipient for efforts as Vietnam POW
- 50. Dodge cars
- 51. Col (Dr.) John ___; father of jet and auto safety
- 52. Plows
- 53. Ambition
- 55. Minus
- 57. Arid
- 59. Nonsense
- 60. 1979 film Norma ____
- 61. Winter sport equipment
- 62. Operation begun Oct. 7, 2001

See SOLUTIONS, B5

SUDOKU

For solution, see SUDOKU, B5

		1	9			3		
		4		3			8	7
	8		5					6
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Team Hickam History

The Air Force’s most historic airfield

April 3, 1963 — Joint Use Agreement, Hickam AFB-Honolulu International Airport, is signed by Brig Gen John A. Rouse, Commander, PACAFBASECOM; and Dr. Fujio Matsuda, Director of Transportation for the State of Hawaii. It specified that for the purpose of overall aerial and ground operation, Hickam AFB and Honolulu International comprised a single airport.

April 3, 1979 — The first of 63 contractor-operated aircraft carrying Vietnamese refugees bound for the Continental U.S. and worldwide resettlement is serviced and refueled at Hickam AFB.

April 5, 1945 — PVT Sadao S. Munemori, 100th Infantry Battalion, a redesignated Hawaiian Guard unit in the 100th Battalion/442d Regiment

Combat Team, earns the Medal of Honor in Italy. This represents the first such award for Japanese Americans.

April 5, 1965 — The 6486th Airborne Command and Control Squadron is designated and organized at Hickam AFB.

April 8, 1950 — The new Officers’ Swimming Pool at Hickam is declared officially open, without ceremonies.

April 8, 1968 — The 15th Communications Squadron is activated at Aviano AB, Italy.

April 8, 1968 — The 15th Communications Squadron is constituted, activated and organized on 8 April 1968. It’s assigned to the 71st Missile Warning Wing at Aviano AB, Italy.



RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services , call the Chapel Center at 449-1754. After hours emergency Duty Chaplain via Command Post: 448-6900.

CATHOLIC Nelles Chapel Weekday Mass Mon.-Thu., 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Vigil Mass 5 p.m. Chapel Center Sunday Mass 10:30 a.m.	PROTESTANT Chapel Center Sunday Contemporary Service 8:30 a.m. Nelles Chapel Traditional/Liturgical Service 8:30 a.m. Gospel Service 10:30 a.m.	OTHER RELIGIOUS OPPORTUNITIES Buddhist, call 536-7044 Jewish, call 473-3970 Mormon, call 488-2434 Muslim, call 947-0050	(Protestant) Chapel Center Sunday (Sep-May) AWANA 3:00 p.m. Wednesday Sunday School Dinner 4:45 p.m. Wednesday Sunday School Classes 6:00 p.m.	King Hall First Floor Dayroom – Bldg. 1856 - All Airmen welcome! Mon.-Thu. 6-10 p.m. Fri.-Sat. 6-11 p.m. Free gourmet espresso, cappuccinos, Italian sodas Video games, internet, movies and more To Volunteer, call the Hickam Chapel Center at 449-1754
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RELIGIOUS EDUCATION
(Catholic) Chapel Center
Sunday (Sep-May) 9:00 a.m.

THE GATHERING PLACE
Airmen's Dorm Coffeehouse

Jenny

www.jennyspouse.com

The Potty Routes

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AT THE MOVIES

Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Confessions of a Shopaholic
Rebecca Bloomwood is a fun-loving girl who is really good at shopping, a little too good perhaps. She dreams of working for her favorite fashion magazine, but ironically she snags a job as an advice columnist for a financial magazine published by the same company.
Starring Isla Fisher and Hugh Dancy.
Rated PG (some mild language, thematic elements); 105 min.
Tonight, 6 p.m.; Saturday, 7 p.m.

Fired Up
Shawn and Nick, the stars of the Gerald R. Ford High School football team, are dreading the prospect of another summer at football camp. After Nick hatches a scheme for the two to join their schools cheerleaders at cheer camp instead, they find themselves awash in a sea of gorgeous young women.
Starring Nicholas D'Agosto and Eric Christian Olsen
Rated PG-13 (crude and sexual content/ nudity, language, teen partying); 90 min.
Tonight, 8:30 p.m.; Wednesday, 7 p.m.

The International
Interpol agent Louis Salinger and Manhattan Assistant District Attorney Eleanor Whitman are determined to bring to justice one of the world's most powerful banks. Uncovering myriad and reprehensible illegal activities, Salinger and Whitman follow the money from Berlin to Milan to New York to Istanbul. Finding themselves in a high-stakes chase across the globe, their relentless tenacity puts their own lives at risk as their targets will stop at nothing — even murder — to continue financing terror and war.
Starring Clive Owen and Naomi Watts.
Rated R (violence, language); 118 min.
Sunday, 4 p.m.; Thursday, 7 p.m.

Families turn off the lights

Getting comfortable for a showing of 'Planet Earth' were Alyssa Rosensteel and Fiona Wells, as nearly 80 families turned off their lights and headed to the HCH Community Center, powered by a photovoltaic system. They were part of an effort observing 'Earth Hour' on Saturday night, an event that helped to generate awareness about sustainability.

Courtesy photo



Online videos help explain health benefits

TriWest Healthcare Alliance — the Department of Defense contractor that administers TRICARE, the military’s healthcare entitlement, in 21 western states — is expanding its beneficiary education program to include streaming videos designed to help service members and their families understand their healthcare benefits.

“TRICARE 2 You” video topics, which run an average of three minutes in a prime-time news format, include explanations of TRICARE plan options, how to access specialty care, behavioral health resources, pharmacy options and newborn enrollment, among others.

Produced by TriWest, in partnership with TRICARE Regional Office-West, the videos are housed in the company’s new “TRICARE 2 You Online Library” at www.triwest.com/T2U. The portal also includes eNewsletters and published articles that answer frequently asked questions about TRICARE topics, as well as links to related resources,

enabling families throughout the west region to find answers to common healthcare questions anytime, from anywhere with an Internet connection.

TriWest is also making the videos available upon request to military treatment facilities (MTFs) across the west region that are equipped with DVD capabilities so patients waiting for appointments or prescriptions may view TRICARE 2 You videos while they wait.

— TriWest Healthcare Alliance

SOLUTIONS, From B3

SUDOKU, From B3

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N	E	L	L		E	E	L		S	A	A	B					
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D	I	E			A	C	T					C	O	N	E		
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			T	E	E				R	I	F						
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L	A	C	I			T	A	P				R	A	I	N		
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2	6	1	9	8	7	3	5	4
9	5	4	6	3	2	1	8	7
3	8	7	5	1	4	2	9	6
1	2	3	8	7	9	6	4	5
6	9	8	4	5	3	7	2	1
7	4	5	2	6	1	9	3	8
8	7	9	3	4	6	5	1	2
5	3	6	1	2	8	4	7	9
4	1	2	7	9	5	8	6	3



FITNESSTIPS

Exercise: Chest press

Muscles: Upper body



START

This exercise is great for improving upper body strength.

Preparation and execution:
Sit on a chest press machine and keep your back flush against the back pad. Keep your abdominal muscles tight, extend both arms forward and pause for two counts, return to starting position. Perform 8-12 repetitions for strength, 15-20 for muscle endurance and tone. Rest one minute between sets for a total of 2-3 sets.



FINISH

Model: SrA Marcus Shelton; Staff: A1C Katrina Plank

Photo by: Benny Miguel; Instructions by: A1C Katrina Plank, Assistant Fitness Coordinator